



### **Part Three: Doubt**

Eventually we all face seasons of doubt. Sometimes as we struggle through these times, we assume that the antidote to doubt is certainty, and that can be hard to find. The good news is that there is something more powerful and more attainable that helps us wrestle with our doubts.

**Scripture:** Matthew 14:22-33

**Bottom Line:** Don't let doubt keep you out.

### **Discussion Questions**

1. How would you define doubt? What are some of the doubts that you have had or continue to have when it comes to God, the Bible, and Christianity? Why does the idea of being honest about our doubts make most of us uncomfortable?
2. Read the story of Thomas in John 20:24-29. Do you think Thomas' need to see Jesus and his wounds is reasonable? Why or why not? Thomas felt safe to honestly express his doubts with his friends. Why is it important for us to have people we can honestly share our doubts with? What other observations do you have from this passage?
3. What do you think it says about Jesus that he appeared to Thomas and engaged him? What does Jesus' response tell you about how he interacts with people who are searching, but also have doubts?
4. Do you agree or disagree with the following statement: Certainty is not the antidote to doubt, trust is. Discuss the implications of that statement and how it might apply to the way you relate to God.
5. What sources (media, books, friends, activities) most damage your level of hope or trust? What sources most feed your level of hope or trust? What are some ways that you can continually focus on Jesus and grow your trust in him?

### **Moving Forward**

What's one way we, as a group, can help each other work through our doubts?